Toronto Academy of Karate,
Fitness and Health Inc.

THE WAY

Rocky Mountain Training Sign-Up Sheet

We are trying to identify how many people might be interested in travelling to Banff Alberta next year for a week of training and other activities. Please indicate your preferred time of year an dates.

This is not a commitment, just an expression of interest.

MAY 25 – JUNE 3/12	JULY/12	Number of People

Bert Freeman
Sensei

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