

PLEASE  
REGISTER BY  
JUNE 15!!!

FREE ADMISSION THIS YEAR!!!

# Annual Outdoor Training & Picnic

Saturday, July 6, 2013 @ 10am - 4pm



## at Lake Couchiching Park in Orillia

Thanks to Gerry Ramsay, our Chief Instructor at the Orillia program, we have been very fortunate this year to reserve a large picnic area at Couchiching Park right on the lake in Orillia for our special, summer training day.

We are located in a large grass area right beside the beach and playground with food concessions and beautiful large washrooms. Bring your gi, running shoes, a change of clothes, sunscreen, insect repellent, a bathing suit & towel, and lots of energy. Friends and family are welcome. There is a patio restaurant beside the park. Let us know if you want to join us for dinner. Please register ASAP (by June 15 if possible) so we can book the restaurant. (Space is limited)

### Directions:

North on Hwy 400 past Barrie, merge left onto Hwy 11 and travel north to Hwy 12 South (2<sup>nd</sup> Orillia exit). Turn right to Orillia. Turn left at the lake onto Atherly Road and go right through town until you get to the 2<sup>nd</sup> set of lights, turn right onto Front Street. Travel to 3<sup>rd</sup> lights, turn right at Mississauga Street, The parking lot is just past a yellow and red stand on your left.  
KEEP THIS SECTION FOR YOUR INFORMATION.



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Juniors are welcome to attend if accompanied by your parent(s).  
Please detach and complete this registration form and return to your instructor as soon as possible.

NAME: \_\_\_\_\_ MEMBER  VISITOR

PARENT OR GUARDIAN NAME (IF UNDER 18 YEARS OLD): \_\_\_\_\_

ADDRESS: \_\_\_\_\_

TELEPHONE NUMBER: \_\_\_\_\_ EMAIL ADDRESS: \_\_\_\_\_

BELT COLOUR: \_\_\_\_\_ AGE: \_\_\_\_\_

PROGRAM: \_\_\_\_\_ JOIN FOR DINNER  YES  NO # OF PEOPLE: \_\_\_\_\_

